

**East CC League
Lornshill Academy
Alloa
Saturday 21st November 2015**

Officials

Referee:	Ron Morrison
Assistant Referee	Dave Cairns
Clerks of Course:	George Furmage, George McNeil
Timekeepers:	Joe Bruce (Chief), Alan Carruthers
Time Recorders:	Sandy Cameron, Linden Nicholson
Place Recorders:	Ian Mann,(Chief), Alastair Robertson, Sandra Hardacre
Judges/Funnel Control:	Andy Law (Chief), Bill Grant, Phyllis Law
Starter:	Barry Craighead
Starters Assistant	Fred McCluskie
Numbers Check	Alex Jackson
Officials Report:	Barry Craighead
Announcer:	John Wands
Recording Slips Collection:	Bob Cherrie
Recording Slips	Neil Donachie
Results:	Marjory Cook, Moira Reid, Marion Donachie, Alex Jackson, Ron Morrison
Host Club	Wee County Harriers

Long spikes not advisable

Long spikes not advisable

Uncrossable Boundary Fence

P

Canteen

P

Shower & Changing

P

Pedestrian Access Only

To Tullibody

P

Start / Finish

Pedestrian Access Only

PLEASE DO NOT PARK ON THE GRASS VERGES

On-street overflow parking

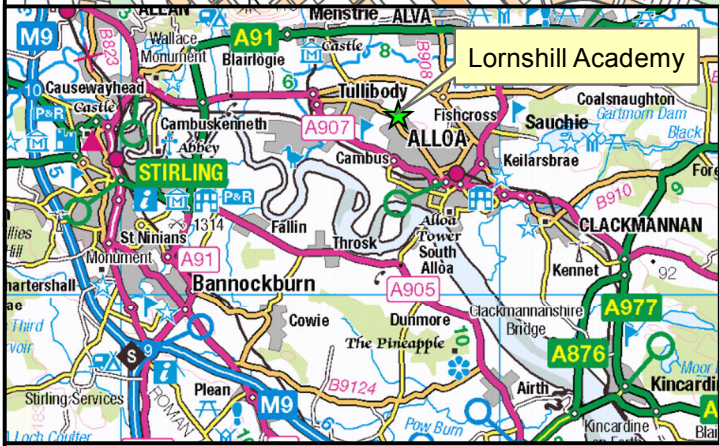
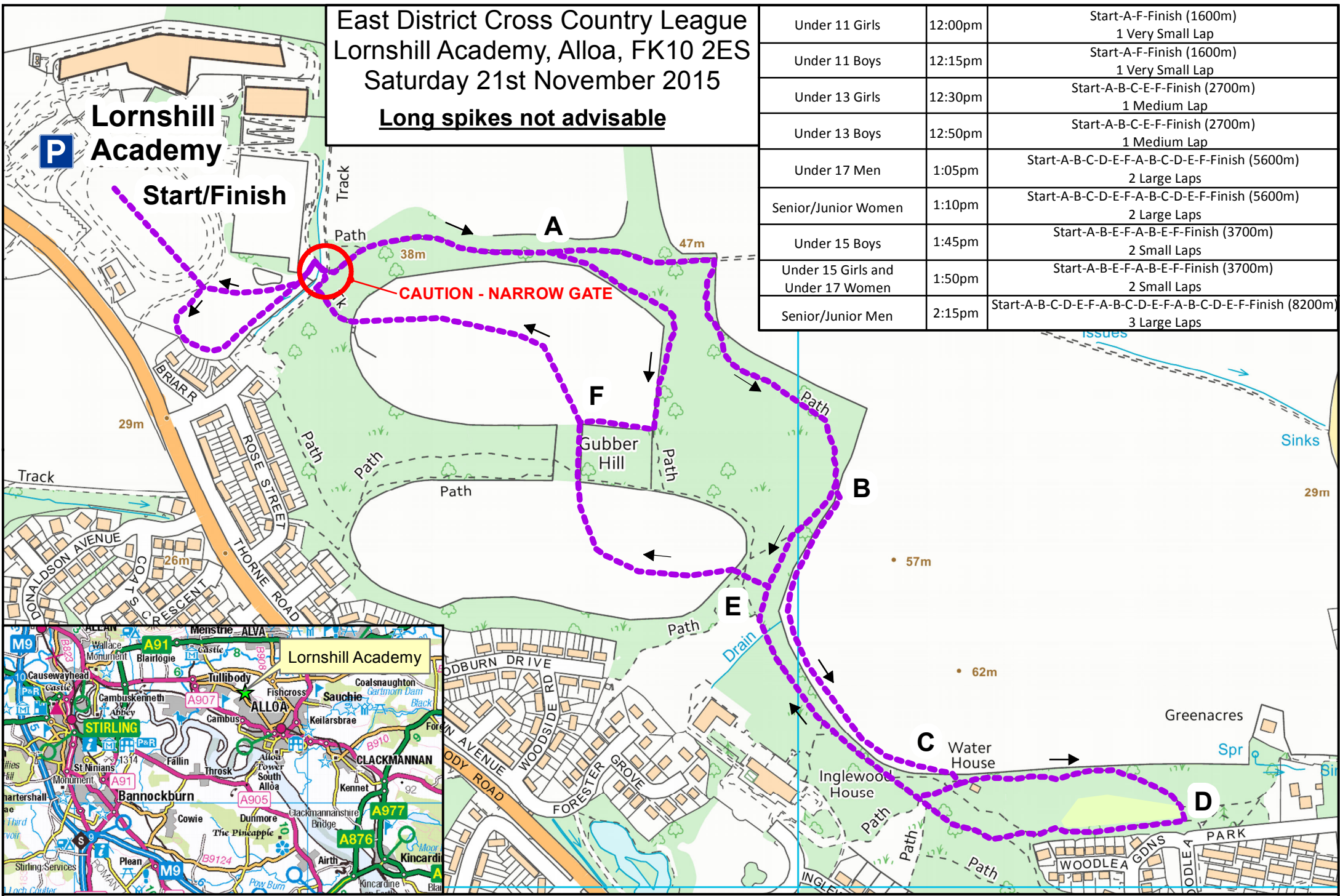
To Alloa

On-street overflow parking

East District Cross Country League Lornshill Academy, Alloa, FK10 2ES Saturday 21st November 2015

Long spikes not advisable

Under 11 Girls	12:00pm	Start-A-F-Finish (1600m) 1 Very Small Lap
Under 11 Boys	12:15pm	Start-A-F-Finish (1600m) 1 Very Small Lap
Under 13 Girls	12:30pm	Start-A-B-C-E-F-Finish (2700m) 1 Medium Lap
Under 13 Boys	12:50pm	Start-A-B-C-E-F-Finish (2700m) 1 Medium Lap
Under 17 Men	1:05pm	Start-A-B-C-D-E-F-A-B-C-D-E-F-Finish (5600m) 2 Large Laps
Senior/Junior Women	1:10pm	Start-A-B-C-D-E-F-A-B-C-D-E-F-Finish (5600m) 2 Large Laps
Under 15 Boys	1:45pm	Start-A-B-E-F-A-B-E-F-Finish (3700m) 2 Small Laps
Under 15 Girls and Under 17 Women	1:50pm	Start-A-B-E-F-A-B-E-F-Finish (3700m) 2 Small Laps
Senior/Junior Men	2:15pm	Start-A-B-C-D-E-F-A-B-C-D-E-F-A-B-C-D-E-F-Finish (8200m) 3 Large Laps



Scale 1:5,000 @ A4



Reproduced by permission of Ordnance Survey on behalf of HMSO.
© Crown copyright and database rights 2015.
All rights reserved. Ordnance Survey Licence number 100020783

